# PLAYWORKS NEWSLETTER



#### Reminders NEW YEAR, MORE FUN!

Be sure to start the year off right by getting engaged out at recess. Find and play a game, make a new friend, try something new, and most of all have fun.

#### Indoor Game I Spy

Can use any object! Just place it in the room while everyone has their eyes closed, use the magic word and watch them find it. Great for indoor recess, brain break, and even as a reward.

#### Core Recess Game JUMP ROPE

Be sure with the New Year to set a personal record of how may jumps you can get. Once you've finished switch out with one of the people holding the rope.



## GAME OF THE MONTH!

The game of the month is.... I SPY!!

## **Junior Coaches**

The junior coaches will be focusing on... recognizing their emotions and the emotions of others, and finding a way to make necessary adjustments when not in a good mood.



### Goals for the Coming Weeks GIVING HIGH 5'S

- Each recess give out 10 compliments
- Encourage kids to play
- Be sure to remind students to use RO SHAM BO
- Remind students to pick up their jackets

"If you trust play, you will not have to control your child's development as much. Play will raise the child in ways you can never imagine."

- Vince Gowmon

## Game Rules: | Spy

- <u>1.</u>) One person will hide an object in the room while the rest of the class closes their eyes.
- 2.) Once the object has been hidden, the students may stand up on the go word to start searching for the object quietly.
- <u>3.)</u> They must search for the object silently, if they make any noise they must return to their seats.
- 4.) When someone finds the object they must return to their seat quietly, sit down and announce "I Spy".
- 5.) As soon as the majority of the class has found the object start a new round.